

QUEEN ESTHER'S KITCHEN PRESENTS:

LATELY, I'M LOVING...

A peek into the things that are bringing me
joy these days.



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SOLPLANTED

SolPlanted is a plant delivery service out of Dallas that specializes in easy-care indoor plants. They offer delivery and pickup of gorgeous, healthy plants weekly, and feature new plants on their website every Saturday! They offer a variety of price points and also plant a tree for every plant purchase! They also work to meet the specific needs of their customers. For example: I have a low-light apartment and they recently debuted a Low Light Plant Collection!

Perfect timing!

Each plant delivery comes with a Plant Care Card that gives information on how to care for the plant, pet-friendliness, and more! Check them out at [@SolPlanted](https://www.instagram.com/SolPlanted) or [SolPlanted.com](https://www.SolPlanted.com)!



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PLANTA

Planta is the app that helps me keep my SolPlanted plants alive! As an aspiring plant parent, I want to be a parent of THRIVING plants; not just the numerous struggle plants that I've killed over the years through my good intentions and overwatering.

(#RIPSucculents)

Planta helps me catalog my plants, measure the lighting in my apartment, keep track of my watering schedule, and also offers a Plant Graveyard for the plants that simply couldn't withstand my botched efforts any longer. (Fiddle Leaf Fig, I'm lookin' at YOU!) Find Planta in the App Store or the Google Play Store.



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HOT HONEY

I snagged a bottle of Hot Honey at Aldi for a brunch I recently hosted, and man, WHAT A TREAT! It's delectable on biscuits, it added a snappy dimension to the honey mustard I brushed on my salmon, and it's a delightful addition to a piping hot piece of pizza. If you like your honey with a touch of spice, getchu some Hot Honey today! (Note: this is not a regular item at Aldi, but there are some well-known varieties that you can add to your condiment arsenal!)



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MORNING WALKS

My exercise motivation has taken a nosedive since the beginning of quarantine. Anyone else? But lately, I've reclaimed the power of daily movement, no matter how big or small. I've enjoyed the quiet of the morning and the ability to explore the areas in the neighborhoods around me before settling into my kitchen chair for a long day of working from home. I usually walk for 30-60 minutes. It's a wonderful way to energize my day and reminds me not to take my mobility for granted. (Plus, it makes my FitBit happy).



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DANTE BOWE

Specifically, his songs "Champion" and "Don't Talk About It." Great additions to your playlist! Dante is a worship leader and songwriter with the Bethel Music Collective. Check the songs out [HERE](#) and [HERE](#).



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